

# Grant Chiropractic & Wellness Center

## *Health and Wellness Success Story*

In a few sentences explain how Chiropractic and the knowledge of a wellness lifestyle that you received at Grant Chiropractic & Wellness Center, has changed your life.

At the time I started seeing Dr. Bart I was suffering from fairly severe lower back pain and near daily severe headaches. Since I have begun treatment and have followed the stretching exercises Dr. Bart prescribed, I have had not only a dramatic reduction in the occurrences of my headaches but my backpain is completely gone and I have renewed strength in my back. Dr. Bart has helped me regain physical balance and <sup>in</sup> consequence, freedom from daily chronic pain. I wish I had embarked on my chiropractic journey years ago!

