

# *Grant Chiropractic & Wellness Center*

## *Health and Wellness Success Story*

In a few sentences explain how Chiropractic and the knowledge of a wellness lifestyle that you received at Grant Chiropractic & Wellness Center, has changed your life.

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When I first came to Grant Chiropractic I was in a lot of pain. I had been to a medical doctor who diagnosed my injury as a pulled muscle and gave me pain pills. Dr. Grant performed an extensive evaluation and x-rays which confirmed that my spine was not in alignment. I had several areas of my spine that were out of alignment. One of which was causing all of the pain. By readjusting this one vertebrae the pain was almost all relieved. This after 2 and ½ weeks of pills which did nothing to solve the key health issue I was facing.

Through regular adjustments over the next several weeks and now months Dr Grant has helped me be rid of the pain. But even more than that, it became apparent that I have been out of alignment long before the pain presented. Left unchecked this continual misalignment would have led to many more health problems. Prior to this injury I had continual problems with lower back pain and nagging shoulder pain in one shoulder. Both of these conditions are almost completely resolved now that I am receiving regular adjustments to keep my spine in proper alignment.

I have some time to go yet to fully recover from the original event due to the nerve being pressed on for 2 ½ weeks but I know that I will recover fully and be in far better health than I was before the event.

I will never neglect Chiropractic care again.

Thank you, thank you, thank you Dr Grant and your staff.

